

JEWELRY AND AFTERCARE GUIDE



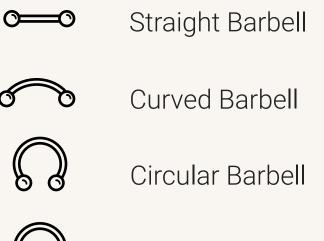
OUR JEWELRY

Our studio carries a beautifully curated collection of handmade 18k-14k solid gold jewelry and precious gemstones by BVLA. We also stock a limited selection of platinum and titanium options as well!





JEWELRY STYLES





Captive Bead Ring



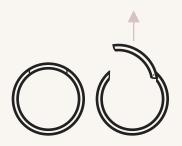
Flatback / Labret Post

•**GGGGO**• Chain



Charm

L L Surface Anchor / Bar



Hinge Ring

Hinge rings can be either simple or decorative and have mechanisms to snap open and closed. This makes the jewelry very easy to insert and remove. Always be gentle when closing and opening hinges.



Seam rings are rings that bend open and closed. These rings are twisted side to side like a corkscrew to keep the circular shape from warping. To avoid permanent damage, please never open these wide in a C shape. Seam rings can be simple, decorative, and come in a variety of fixed shapes and designs.



Threadless jewelry is held together by tension; there is no screwing or threading. Typically a two-part jewelry system consists of a flat back (or other style) and a decorative end attached to a pin. This pin gets a slight bend causing a snug, secure fit inside the jewelry housing. This is used in flatback labrets, barbells, circular barbells and curved barbells.



Threaded jewelry has one or both ends that unscrew from the piece of jewelry. We only utilize the safest internally threaded jewelry, where the threading is counter-sunk to fit inside the post or shaft. Threaded jewelry is used in straight, curved, and circular barbells, flatback labrets, and surface piercings.





AFTERCARE

Congratulations on your new piercing!

The next several weeks are crucial in your healing journey. Your body is an incredible machine that is well-equipped with its own amazing processes to heal your wounds, piercings included! Our aftercare embraces this and aligns with medical protocol for optimally healing puncture wounds. This is a natural approach that strictly utilizes only running water and sterile saline wound wash combined with leaving the piercing alone completely. Your body will create exudate during the healing process (don't worry, it's not pus). This is normal and means your body is doing its job. It will harden to form a crust that looks similar to a scab - do not pick it! Your body will release these 'crusties' naturally with time. Your daily shower and sterile saline rinse will assist with this! Follow these tips for optimal healing:



DO rinse your piercing in the shower everyday. During your shower, allow the water to rinse over the piercing for about 15-30 seconds.



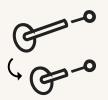
DO use sterile saline spray as needed to rinse away any extra crusties around your piercing.



DO avoid sleeping directly on your ear during the initial healing time, even if it doesn't hurt.



DO focus on what is going into your body! Eat healthy, drink plenty of water, and get the appropriate amounts of sleep.



DO downsize your jewelry! Be sure to schedule a follow up appointment 4-6 weeks after your initial piercing to avoid any complications. This will allow us to assess your piercing and potentially downsize the jewelry.



DO NOT touch your new piercing! Twisting your jewelry or touching your piercing transfers bacteria directly into an open wound, which can lead to an infection and require medical intervention. Touching and twisting also disturbs the healing process and disrupts the regenerating tissue.



DO NOT use any harsh chemicals (hydrogen peroxide, alcohol etc.), soaps, essential oils, holistic ointments and anything topical. We have found that these items are counterproductive and can delay the healing process.

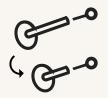


DO NOT let your cell touch your new piercing! Cell phones collect bacteria and are rarely disinfected. Make your best effort to keep them off of your fresh piercing.



DO NOT submerge your new piercing in pools, tubs, lakes, rivers, oceans, or any body water. Remember, utilizing shower water and saline to rinse the area is allowed and beneficial. Always avoid submerging new piercings into any body of water, as this will introduce bacteria into the open wound and increase the risk of infection.





DOWNSIZING



Downsizing is an essential step in healing your new piercing. You've been pierced with a longer post to accomodate for swelling in the first 4-6 weeks of the healing process.



After this period, we recommend you have a piercer shorten your post for optimal healing.

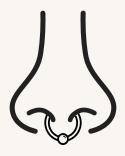


If you skip this part of the process, the piercing could heal at an angle, risk migration, or irritation bumps can occur, interrupting your healing. If you didn't schedule an appointment to downsize with us at the time of your piercing, please book a follow-up consultation with one of our piercers 4-6 weeks after the date of your new piercing.



Don't live in the NYC area? Please reach out and we will happily help you find an APP member near you!





PIERCING INFORMATION

Date:	
Piercing:	
Piercer:	Stylist:
Gauge:	
Length/Diameter:	
Gemstone:	
Threading: Threadless Threaded	
Style: Hinge Ring Seam R	ing Straight Barbell
Flatback Circular Barbe	ll Charm Chain
Curved Barbell Captive Bea	ad Ring Surface Anchor/Bar
PIERCING	

SCAN TO BOOK YOUR DOWNSIZE